



Clear Lake Yacht Club Sailing School General Information for 2011

The 2011 Clear Lake Yacht Club Sailing School is looking forward to another great year of sailing. Head instructors and senior instructors are certified by the US Sailing program, with a water safety component as part of the certification. **Please register early—at least 3 weeks prior to your session—as we are limiting class size.** If we do *not* call you, you are in!

Location

All classes are held at the Clear Lake Yacht Club facility at 103 Main Avenue, Clear Lake, Iowa. The phone number is (641) 357-8001.

What to Wear

- **Lifejacket (required):** US Coast Guard Type III or higher that fits properly. Students must wear their lifejackets while on any dock and while aboard any sail or power boat during school hours.
- **Shoes (required):** We recommend boat shoes, aqua-socks, sneakers, boating sandals (Tevas, etc.) or other soft-soled shoe that will not leave marks on the boats, are made to get wet, and will not easily fall off the student's feet.
- **Sunscreen, hat and sunglasses:** Please remember to have your child put on sunscreen *before* coming to class.
- **Swimsuit & towel:** Expect to get wet. Bring or wear swimsuit. Bring extra layers for chilly days.

Rules of Behavior

Key rules include the lifejacket shore-to-shore policy, no running on the dock, and no leaving the facility grounds when on shore during class. All additional rules will be explained on the first day.

Water Safety Assessment

All students will be given a swimming check. This will allow the instructors to assess each student's swimming abilities. The check will be with and without lifejackets on, and will include

- Swimming 50 yards unaided.
- Treading water for 1 minute.

Children will also be given a water orientation to learn self-rescue.

Bad Weather

Class will NOT be cancelled due to bad weather. When the safety of the students is threatened by weather, indoor sailing-related activities are implemented. When no-wind days occur, outdoor sailing-related activities are complemented by other activities such as swimming and volleyball.

Parent Communication

Please direct any questions or concerns to a member of the Sailing School board:

- Mark Tesar, President: (641) 357-8642
- Dan Allen, Treasurer: (641) 357-0093
- Dodi Gooding: (641) 357-7261
- Kim Holtz: (641) 357-6622
- Nancy Lundeen: (641) 357-3706
- Julie Oltrogge: (641) 357-8957 or (651) 365-5108
- John Vratsinas: (515) 201-9526

Family Fun Nights

Mark your calendar for fun family potlucks, **Thursday, June 23** and **Friday, July 22**. Let your young sailor show what he or she has been learning while you enjoy the company of other Sailing School families! Instructors will run a few short races, weather permitting. More details, such as start times and what to bring, will be shared with students during each session.

Regattas of Interest

- June 25-26:** MYC Invitational, Lake Minnetonka Yacht Club, Minnetonka, MN (X)
- July 11-12:** Geneva Lake Sailing School X Invitational, Lake Geneva, WI (X)
- July 13:** Geneva Lake Sailing School Opti Regatta, Lake Geneva, WI (Opti)
- July 15:** CLYC Optimist Regatta, Clear Lake Yacht Club, Clear Lake IA (Opti)
- July 18-19:** Xtreme Regatta, Oshkosh Yacht Club, Oshkosh, WI (X)
- June 25:** ILYA No-Tears, White Bear Yacht Club, Minneapolis, MN (Opti)
- July 28-30:** ILYA X Championships, Clear Lake Yacht Club, Clear Lake, IA (X)
- August 01-02:** ILYA Opti Championships, White Bear Yacht Club, White Bear, MN (Opti)
- August 05-07:** Interlakes Regatta, Okoboji Yacht Club, Okoboji, IA (X)

NOTE: The Sailing School reserves the right to assign students to the class appropriate to their abilities and to limit class size. Descriptions, dates, times, and costs for specific levels and sessions are listed on the next page.



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Course Descriptions

Beginning Optimist (ages ~6 - ~10)

Beginning X (ages ~9 - ~14)

Both beginner-level courses will cover boat parts, boat safety, and basic boat-handling skills. During these classes, instructors are generally in the sailboats with students.

Optimist Racer (prerequisite: Intermediate Opti)

X Racer (prerequisite: Intermediate X)

These courses teach racing skills including tactics, racing rules, and courses. They are recommended for students who wish to compete in club races on Clear Lake or at off-lake regattas.

Intermediate Optimist (prerequisite: Beginning Opti)

Intermediate X (prerequisite: Beginning X)

These courses build on skills learned during beginner-level courses, with a goal of helping students become confident sailing without an instructor on board.

Adults

This course provides an introduction to sailing for adult students.

Hobie instruction

Hobie Wave, all levels, contact Chris Wessels at xanderwess@yahoo.com or (641) 425-8720.

Class Levels and Times

Optimist, all sessions:

- Beginners: 8:30 – 11:30 a.m.
- Intermediate / Advanced: 12 noon – 3:00 p.m.

X, all sessions:

- Beginners: 8:30 – 11:30 a.m.
- Intermediate: 12 noon – 3:00 p.m.

X Racers

- Schedule to be determined at meeting on Monday, May 30, 10 a.m. at CLYC. Interested parents should attend or contact Mark Tesar (641-357-8642).

Adults

- Tuesdays, 6:00 – 8:00 p.m.

Registration Fees

Sailing School scholarships are available—for more information, please contact Mark Tesar at (641) 357-8642.

Optimist

First Session: \$90 (t-shirt included)

Subsequent Sessions: \$60 (no t-shirt)

X Beginners & Intermediates

First Session: \$90 (t-shirt included)

Subsequent Sessions: \$60 (no t-shirt)

X Racers

\$200 (t-shirt included)

Adults

\$80 (t-shirt NOT included)

NOTE: If same student participates in multiple sessions, fee for subsequent sessions is reduced by \$30, and no additional t-shirt is included.

Session Dates

June	Session 1, 5 days						
	S	M	T	W	T	F	S
	12	13	14	15	16	17	18

Family Fun Night
June 23

June	Session 2, 5 days						
	S	M	T	W	T	F	S
	19	20	21	22	23	24	25

June/ July	Session 3, 5 days						
	S	M	T	W	T	F	S
	26	27	28	29	30	01	02

CLYC Opti
Regatta
July 15

July	Session 4, 5 days						
	S	M	T	W	T	F	S
	03	04	05	06	07	08	09
	10	11	12	13	14	15	16

Family Fun
Night
July 22

July	Session 5, 5 days						
	S	M	T	W	T	F	S
	17	18	19	20	21	22	23

Aug	Session 6, 5 days						
	S	M	T	W	T	F	S
	07	08	09	10	11	12	13

June	Adult Session, 6 days						
	S	M	T	W	T	F	S
	19	20	21	22	23	24	25
	26	27	28	29	30	01	02
July	03	04	05	06	07	08	09
	10	11	12	13	14	15	16
	17	18	19	20	21	22	23
	24	25	26	27	28	29	30

ILYA X
Championships
@Clear Lake
July 27 - 30

June	Tentative X Racers Schedule						
	S	M	T	W	T	F	S
	12	13	14	15	16	17	18
	19	20	21	22	23	24	25
	26	27	28	29	30	01	02
July	03	04	05	06	07	08	09
	10	11	12	13	14	15	16
	17	18	19	20	21	22	23
	24	25	26	27	28	29	30
Aug	31	01	02	03	04	05	06